MONDAY 28 SEPTEMBER 2026

After the Storm: Unwinding with Fabric Sorting and Slow Kantha Craft

Took part	5	Facilitators	1
Where	aikyam space, Fort Kochi	Club	Stitching Club
Run by	Shabana K H		

Input

Materials	Fabric scraps, cotton threads, Kantha needles, sorting trays
Time	6 hours

Activity

After two days of relentless hustle, frantic restitching, and tight deadlines, a collective sigh of relief echoed through the stitching unit today. The team gathered around 2:00 PM, and the moment they heard that their hard-earned tote bags were officially cleared and moving on to the sales stage, the room brightened with genuine excitement.

Gone was the high-pressure rush of the previous days; in its place was a warm, quiet sense of accomplishment. Everyone sat together in a relaxed circle, taking time to untangle and sort colorful fabric scraps, share stories, and sip tea while casually continuing their Kantha practice. Without rigid targets looming overhead, it was a day dedicated to slowing down, catching our breath, and celebrating how far the team has come together.

Confidence and ownership

Outcome

Earning from craft | Confidence and ownership

Team morale shifted from high deadline stress to relaxed collaboration, evident from the casual atmosphere, open storytelling, and comfortable crafting pace

(Participants told us)

Learnings

Allowing time to slow down after high-pressure production runs reduces burnout, strengthens team bonding, and creates space to systematically organize raw materials.

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