

MONDAY 5 OCTOBER 2026

Building Stitch Precision: Guided Line Practice for Kantha Mastery

Facilitators 1
Club Stitching Club

Where aikyam space, Fort Kochi
Run by Mary Gracy

Input

Materials Larger cotton fabric panels, fabric marking chalk/pencils, measuring rulers, Kantha needles, embroidery thread

Activity

Today, the focus shifted toward building stitch accuracy and spacing consistency in Kantha hand embroidery. Transitioning away from small scrap pieces, the artisans began practicing on a single, larger fabric panel. To train their eye for even spacing, guided parallel lines were drawn across the surface, serving as visual markers for stitch length and gap distance.

Working along these measured lines allowed the artisans to develop steady rhythm and control. The visual structure significantly improved stitch uniformity, yielding a cleaner, more cohesive texture across the panel. Trainers noted that with an additional three to four days of focused line-guided practice, the team will develop the muscle memory needed to execute flawless, evenly spaced Kantha stitching freehand without relying on drawn guides.

Creative thinking Teamwork

Output

- 5 Guided-line Kantha practice panels on larger fabric sheets

Outcome

Confidence and ownership

Artisans transitioned from small patch practice to large-panel stitch consistency. Guided lines helped them understand spacing proportions, resulting in noticeably uniform stitch density and improved rhythm.

(Participants told us)

Learnings

Using temporary drawn line guides on larger fabric pieces accelerates spatial awareness and muscle memory, paving the way for confident freehand Kantha stitching.

The text of this report is licensed under the Creative Commons Attribution 4.0 International License (CC BY 4.0). To view a copy of the license, visit <https://creativecommons.org/licenses/by/4.0/>. Photographs: all rights reserved.