MONDAY 5 OCTOBER 2026

Guided line practice for Kantha stitch precision

Facilitators	1	Where	aikyam space, Fort Kochi
Club	Stitching Club	Run by	Mary Gracy

Input

What went in

- Larger cotton fabric panels
- Fabric marking chalk and pencils
- Measuring rulers
- Kantha needles
- Embroidery thread

Activity

Today, the work focused on stitch accuracy and even spacing in Kantha hand embroidery. The artisans moved from small scrap pieces to one larger fabric panel. Trainers drew guided parallel lines on the fabric to train the eye for even spacing. The lines marked the stitch length and gap distance.

Working along the measured lines helped the artisans build a steady rhythm and control. The structure made the stitches even, creating a cleaner, more even look across the panel.

Creative thinking Teamwork

Output

- 5 Guided-line Kantha practice panels on larger fabric sheets

Outcome

Confidence and ownership

Artisans moved from small patch practice to stitch consistency on a large panel. Guided lines helped them understand spacing proportions, resulting in uniform stitch density and better rhythm.

(Participants told us)

Learnings

Temporary drawn line guides on larger fabric pieces help the artisans judge spacing. This builds the muscle memory for confident freehand Kantha stitching.

Trainers said three to four more days of practice along the lines should help. The team will then build the muscle memory to stitch Kantha freehand without drawn guides.

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