

SATURDAY 5 SEPTEMBER 2026

Dance students move into adavu and mudra practice



Took part **11**
Where aikyam space, Fort Kochi
Run by Aparna NS

Facilitators **2**
Club Dance Club
Facilitated by Thudippu Dance Foundation

The community dance classes are moving into a more technical stage, with students practising adavus and mudras. These are some of the more demanding parts of Bharatanatyam and Mohiniyattam, so the sessions are focusing on posture, hand movements, coordination and getting the basics right through repeated practice.

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