SATURDAY 14 NOVEMBER 2026

Exploring words, sounds and movement



Took part	5	Facilitators	1
Where	aikyam space, Fort Kochi	Club	Dance Club
Run by	Thudippu Dance Foundation and Devika Murali	Facilitated by	Devika Murali

Input

What went in

A selection of books to explore

New and interesting English words and names

Pronunciation practice

An invitation to create movement inspired by the chosen words

Time

1 hour

Activity

Last Saturday, the adult session explored the connection between words, sounds and movement.

Participants browsed different books and selected interesting English words and names. They practised saying them and created movements inspired by their sounds or meanings.

The activity encouraged creativity, imagination and spontaneous movement exploration.

Outcome

Creative expression

Participants explored unfamiliar words and names, practised their pronunciation and responded through movement. Their self-created movements showed how language could inspire creative and spontaneous expression.

(Participants told us)

Learnings

Words can be a starting point for movement exploration. Listening to how a word sounds and thinking about its meaning can help participants respond creatively and connect language with imagination and physical expression.

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