SATURDAY 7 NOVEMBER 2026

Revising Adavus and reviewing their techniques



Took part	7	Facilitators	1
Where	aikyam space, Fort Kochi	Club	Dance Club
Run by	Thudippu Dance Foundation and Aparna NS	Facilitated by	Aparna NS

Input

What went in

- Revised earlier Adavus
- Reviewed detailed notes and discussed the techniques used in each Adavu

Activity

On Saturday, most students were absent because they were preparing for exams. We used the session to revise the Adavus we learned earlier rather than introduce new ones. We also reviewed their detailed notes and discussed the techniques involved.

Outcome

Technique (adavus)

The students who attended revisited familiar Adavus and had time to discuss their techniques and notes. This helped reinforce the material already covered.

(We observed it)

Learnings

Revision gives students time to strengthen their understanding of the movements and techniques they learned, especially when few can attend.

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