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Dance students move into adavu and mudra practice



പങ്കെടുത്തവർ 11
എവിടെ എക്യം സ്പേസ്, Fort Kochi
നടത്തിയത് Aparna NS

ഫെസിലിറ്റേറ്റർമാർ 2
Club ഡാൻസ് ക്ലബ്ബ്
നയിച്ചത് Thudippu Dance Foundation

The community dance classes are moving into a more technical stage, with students practising adavus and mudras. These are some of the more demanding parts of Bharatanatyam and Mohiniyattam, so the sessions are focusing on posture, hand movements, coordination and getting the basics right through repeated practice.

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