

2026 ഒക്ടോബർ 8, വ്യാഴാഴ്ച

LifSkool: Taking Our Learning Forward



പങ്കെടുത്തവർ 11
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നടത്തിയത് Olimalar Foundation

ഫെസിലിറ്റേറ്റർമാർ 2
ക്ലബ്ബ് ക്യാരിയോസിറ്റി ക്ലബ്ബ്

ഇൻപുട്ട്

സാമഗ്രികൾ LifSkool workbooks, PowerPoint slides, SPARK Challenge introduction handout, laptop and speaker.
സമയം 1 മണിക്കൂർ

പ്രവർത്തനം

Students were ready to go with our familiar movement and mindful breathing routine and settled into the session quickly.

Today was our last in-person LifSkool session before a break and it brought together the skills we had explored throughout the programme. Students revisited what they had learned, why the skills mattered and how they could use them in everyday life. It was encouraging to hear their reflections in their own words.

We introduced the SPARK Challenge: noticing a small, real problem at school, at home or in the neighbourhood, and using their life skills together to try making a difference with a buddy.

Students will receive weekly SPARK challenge envelopes in person to complete with their buddies. They will share updates through our WhatsApp group, where we will stay connected and support them. At their graduation day in January 2027, they will present their work and learning.

To finish, students worked together to spell SPARK using their bodies. It was a playful, emotional close to this part of our journey, with more learning ahead.

ഔട്ട്പുട്ട്

- 11 Completed student reflections

ഫലം

ആശയവിനിമയം Sharing experiences ടീം വർക്ക്

Students shared what they remembered from LifSkool and explained how the skills could help in everyday situations. Students coordinated with one another to spell SPARK using their bodies.

(പങ്കെടുത്തവർ പറഞ്ഞത്)

പഠനങ്ങൾ

The familiar opening routine helped students settle quickly. Asking them to explain the skills in their own words helped us understand what they remembered and how they connected their learning to everyday life. We will build on this through small buddy challenges, using WhatsApp updates to follow progress and offer support.

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